

CATHERINE AUMAN, MFT
2566 Overland Avenue, Suite 500 B
Los Angeles, CA 90064
310-460-9399

1998 to Present

PSYCHOTHERAPIST

Private practice specializing in transpersonal psychotherapy. Issues dealt with include depression, anxiety, relationships, addictions, stress, and confusion. Special emphasis on spiritual assessment, spiritual direction, removing blocks on the spiritual path.

1994 to 1998

GLENDALE MEMORIAL HOSPITAL & HEALTH CENTER
Glendale, California

Administrative Director - Behavioral Health Services

Responsibility for service line consisting of 3 inpatient units, 2 partial hospitalization programs, chemical dependency treatment, crisis services. Directed all aspects of clinical programs, including supervision of counselors and therapists (psychologists, social workers, MFT's, bachelors prepared staff, and psychiatric nurses), treatment planning, mileau management, seminars on psychiatric and clinical issues

1990 to 1994

HEALTHCARE CONSULTANT
Los Angeles, CA

Consulted nationally (TX, NC, IA, MO, various CA sites) for the start-up and management of mental healthcare operations, including all aspects of development, implementation, marketing, and administration. Preparation for and guiding psychiatric units through licensing surveys, recruitment of physicians and clinical staff, physical plant specifications. Training and supervision of clinicians.

1988 to 1990

NATIONAL MEDICAL ENTERPRISES
Santa Monica, California

Senior Program Director - Psychiatric Management Services

Recruited to the psychiatric division of this company as Program Director of a 25-bed locked geropsychiatric unit; 8 beds of which designated as Med/Psych. Directed all aspects of clinical program, including supervision of counselors and therapists, treatment planning, mileau management, teaching and seminars on psychiatric and clinical issues for staff.

1986 to 1988

HORIZON MENTAL HEALTH MANAGEMENT
Redlands, California

Program Director - Psychiatric Services

Joined this company as Outpatient Coordinator and Therapist on an inpatient eating disorders unit. Promoted to Program Director of two psychiatric units (36 beds): adult open unit and eating disorders program. Responsible for overall quality and delivery of patient care, design and implementation of treatment programs, supervision of staff.

1987

WHATCOM COUNTY CRISIS SERVICES

Bellingham, Washington

Program Coordinator

Supervised adult and adolescent anger management programs for county mental health agency. Restructured program, increased community referral base. Directed all aspects of program and staff development, inservice training and training seminars for community agencies.

1984 to 1986

CENTER FOR HUMAN SERVICES

Seattle, Washington

Outpatient community mental health center. Carried ongoing caseload of individuals, groups, couples, and families. Responsible for delivery of primary diagnosis and treatment, including psychotherapy, case management, and referral. Also, in charge of three separate program components: anger management groups (adult and adolescent), suicide prevention groups, and groups for survivors of sexual abuse. Trained and supervised staff and interns.

1983

JACKSON GROUP HOMES, INC.

Seattle, Washington

Counselor

Residential treatment. Responsible for all aspects of group management: planning, organizing, and supervision of all activities. Implemented individual treatment plans, provided intervention, support for family members. Community and educational referrals.

EDUCATION AND LICENSURE:

M.A. Psychology, Antioch University, 1984
B.A. English, Western Washington University, 1978

Licensed Marriage and Family Therapist (MFT License #30784)
Certified NLP Practitioner, 1991
CAMFT Certified Supervisor, 2007

FACULTY APPOINTMENTS

The Chicago School of Professional Psychology, 2009-10
University of Phoenix, Faculty, 2005-6
John F Kennedy University, Faculty, 2002-3

PROFESSIONAL AFFILIATIONS AND COMMUNITY INVOLVEMENT

- . California Association of Marriage and Family Therapists (CAMFT), Member
- . Association of Transpersonal Psychology, Member
- . Berkeley Mental Health Commission, 2002-4
- . LA-CAMFT, Member, Vice-President 2006
- . SF-CAMFT, Member, Vice-President 2005
- . Over a dozen appearances as Mental Health Expert on the national TV show, *Extra*

